

Nurturing Parenting Skills for Families in Supervised Visitation™

Lesson 9.1: Recognizing and Understanding Feelings

Goal: To begin the process of forming a close and supportive relationship and to explain how the Nurturing Skills Program for Supervised Visitation will be utilized.

Parent(s)

Name:

Children:

Date:	Arrival Time:
Staff:	
Lesson Competencies: Highlight Key Points of the parenting lesson and observed behaviors and interactions of the parent(s) during the class.	
<p>Parents can describe the dangers of suppressing feelings of discomfort.</p> <p>YES _____ NO _____ Comments:</p>	
<p>Parents can describe the difference between feelings of comfort and feelings of discomfort.</p> <p>YES _____ NO _____ Comments:</p>	
Visit Summary: Describe the ways the parent(s) incorporated information from the parenting lesson into the visit by listing observed behaviors and interactions.	

Note: The observations of the supervised visit were made in a controlled, supervised environment, which should not be used in isolation to predict behavior outside this environment.